

# Hertfordshire FA

Coach Education Programme  
Season 2009-2010



Get **into** Coaching



## **Welcome to the Hertfordshire Football Association** **Coach Education Brochure 2009 / 2010**

Education is a great way to improve your knowledge, understanding and expertise in football. Whatever your experience in the game, there are always new things to learn. Hertfordshire County Football Association is committed to developing football across the county.

Following many successful years in providing quality courses we are again pleased to offer you a variety of courses, throughout the county, for all aspects of football, including coaching, first aid and safeguarding children in football workshop. This brochure will outline all the courses we offer and give you a comprehensive breakdown to ensure you find the course that meets your requirements.

Whatever your role is in football there are opportunities to get involved, We value your contribution and we want to help you to develop your knowledge and skills whatever your level, so we will provide courses suited to your needs.

### **Courses**

The need to provide support to those people coaching players at all levels of the National Game has long been recognised by The Football Association as key to the development of the game. The coach education programme has a huge impact on youth and grass roots playing opportunities.

#### **Summary of the courses that are on offer:**

- Level 1 Club Coach
- Level 2 Certificate in Coaching
- Level 3 (UEFA B)
- Goalkeeping Level 1
- Goalkeeping Level 2
- FA Introduction to Coaching Futsal
- Coaching Disabled Footballers
- Emergency First Aid
- Basic Treatment and Management of Injury
- Safeguarding Children in Football
- Welfare Officer Workshop
- The FA Skills Module
- The FA Level 3 Youth Award
- JFO Tutor Training

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**Hertfordshire Football Association**  
**Development Team**  
**Contact Details**

To enable the Hertfordshire FA to deal with your enquiry efficiently please contact either Alan Ackrell or Sharon Gill who will be able to assist accordingly, alternatively please go to our FAQ (frequently asked questions) page on the Hertfordshire FA Website.

**Alan Ackrell**      **Football Development Officer (Education)**  
01462 650201  
[alan.ackrell@hertfordshirefa.com](mailto:alan.ackrell@hertfordshirefa.com)

**Sharon Gill**      **Football Development Administration Officer**  
01462 650208  
[sharon.gill@hertfordshirefa.com](mailto:sharon.gill@hertfordshirefa.com)

[www.hertfordshirefa.com](http://www.hertfordshirefa.com)

**Venue Addresses**

Please find below the venue addresses for the courses listed in the calendar (at time of publishing)

**Hertfordshire FA**  
County Ground  
Baldock Road  
Letchworth  
Herts SG6 2EN

**Hertfordshire Sports Village**  
De Havilland Campus  
Hatfield Business Park  
Hatfield  
Herts AL10 9EU

**Cavendish Sports College**  
Warners End Road  
Hemel Hempstead  
Herts  
HP1 3DW

**Birchwood High School**  
Parsonage Lane  
Bishops Stortford  
Herts  
CM23 5BD

**Ware Youth FC**  
Trinity  
Fanhams Hall Road  
Ware  
Herts SG12 7NN

**Harvesters FC**  
Oaklands Lane  
Smallford  
St Albans  
Herts AL4 0HS

**Borehamwood Youth FC**  
82 Aycliffe Road  
Borehamwood  
Herts  
WD6 4JW

## Pricing Structure for 2009 / 2010

Course	Price	Subsidy Price
Level 1 Coaching Certificate	£120.00 VAT Exempt	£55.00
Level 2 Coaching Certificate	£260.00 VAT Exempt	£65.00 for u19 / £130.00 unemployed
Level 3 Coaching Certificate	£395.00 VAT Exempt	£160.00
Level 1 Goalkeeping Certificate	£135.00 Inc VAT	N/A
Level 2 Goalkeeping Certificate	£166.00 Inc VAT	N/A
FA Introduction to Coaching Futsal	£40.00 Inc VAT	N/A
Coaching Disabled Footballers Course	£30.00 Inc VAT	N/A
Emergency First Aid Course	£28.00 Inc VAT	N/A
Basic Treatment and Management of Injury	£180.00 Inc VAT	N/A
Safeguarding Children in Football Workshop	£23.00 Inc VAT	N/A
Welfare Officer Workshop	£23.00 Inc VAT	N/A
FA Skills Module	£15.00 Inc VAT	N/A
FA Level 3 Youth Award (Module 1)	£100.00 Inc VAT	N/A
FA Level 3 Youth Award (Module 2)	£120.00 Inc VAT	N/A
JFO Tutor Training	£25.00 Inc VAT	N/A

*Applicants must be aged 16 or over at the commencement of the course.*

The increase in course fees for all 2009 Coach Education Courses now reflect increased Registration, Certification and Resource costs, which have been passed onto the Hertfordshire County FA by 1<sup>st</sup> 4 Sport Qualifications the qualifications awarding body. All course fees for accredited courses which sit on the QCA list are still receiving LSC subsidy which is used to provide the best possible service to our customers.

### **FINANCIAL ASSISTANCE AVAILABLE** ***Subsidised Course Places Available***

On each of the FA Coaching Certificates and FA Coaching License courses, we will reserve 2 places for those candidates who are unemployed and receiving income assessed benefit or who are full-time students (**under 19 years of age**) at a subsidised fee of £55 instead of £115 for a Level 1 Coaching course. For a Level 2 Coaching course the subsidised fee will be £65 for students **under 19 years of age** and £130 for unemployed candidates, instead of £260. For a Level 3 Coaching course the subsidised fee will be £160 instead of £395.

There are a maximum number of 2 subsidised places on each course and they will be allocated on a **first-come, first-served basis**. A waiting list will be compiled if the number of subsidised places becomes over subscribed due to demand. In order to book a subsidised place, you must contact the development team (via the details on the front of this booklet) to check availability.

If a subsidised place is available and you wish to reserve the place, you must pay the fee **IN FULL** to secure the place. We shall require documentary evidence that you are **not** in employment **and** in receipt of income-assessed benefit or that you are in full-time education.

Acceptable documentation includes:

- **Letter from the DSS**
- **Photocopy of your benefit cheque**

Your place will not be confirmed until the fee and the necessary paperwork have been supplied to us. Please note this subsidy does not apply to courses organised specifically for educational establishments or for candidates enrolling on courses organised to meet the needs of the individual clubs that are already heavily subsidised.

## **Coaching Education Courses Terms and Conditions 2009 / 2010**

- The major body of courses are run in partnership with North Hertfordshire College
- Places are reserved on receipt of **full** course fee
- Telephone reservations are **not** accepted
- Full refunds of course fees paid will be made should course be cancelled due to insufficient numbers of candidates applying
- Candidates withdrawing from a course (except on medical grounds) less than two weeks prior to its commencement will be subject to a £20 administration charge
- If candidates have attended course Inductions and Resources have been supplied, **no refunds** will be available should candidate withdraw from course

**Attendance on TRAINING CONTINUATION DAYS (Level 2 and 3) is mandatory as they are an integral element of the guided learning hours and course syllabus. Failure to attend Training Continuation Days will be considered as withdrawal from the course by North Hertfordshire College-Hertfordshire County FA and 1<sup>st</sup>4 Sport Qualifications (the Awarding Body)**

Failure to complete and submit completed logbooks on second Support Day will result in candidates being unable to complete Final Assessments.

Level 2 candidates are advised that Emergency Aid and Safeguarding Children in Football workshops are not included in their course and they will need to book onto and pay for these separately, as candidates must have attended these workshops before taking their final assessment.

Any participant who is suspended by the Football Association or any County Football Association will not be allowed to participate in any course activity.

### **Payment Details**

- Please do not send cash payments via the post
- Please make cheques payable to 'Hertfordshire FA Limited'

All application forms and payments should be sent to Hertfordshire FA  
for the attention of **Sharon Gill** at the following address:

Hertfordshire Football Association  
The County Ground  
Baldock Road  
Letchworth  
Hertfordshire  
SG6 2EN

**\*\*\* The cost of the Emergency Aid elements of the Level 1 Certificate in Coaching Football and Stand Alone Emergency Aid courses are subject to a new FA Learning resource fee of £5 as of 01-01-2010. This new fee is now reflected in some adjusted course fees in the Hertfordshire Coach Education programme \*\*\***

## **Hertfordshire FA Coaches Association**

By getting on the coaching ladder, individuals have the opportunity to progress up through the various FA Coaching qualifications while constantly enhancing their skills and knowledge. We hope that this will not only improve the ability of the individual but also the performance and enjoyment of the team.

Experience is essential for a coach as so much can be learned from the coaching field whether it is working with other coaches and learning from them or coaching different groups of players with mixed abilities.

A successful coach should always be open to new ideas and want to continually improve their individual skills and knowledge of the game.

The Hertfordshire FA Coaches Association offers the perfect solution to all coaches who aim to improve their skills, knowledge, experience and enjoyment of the game. The Hertfordshire FA are here to support those involved in football activities in Hertfordshire with new ideas, the sharing of knowledge and to develop a network of coaches to benefit the game both at a youth and adult level.

### **Introduction**

To complement the extensive Coach Education programme, the HFACA supports coaches by providing new ideas on coaching methods, sharing knowledge and helps to develop a network of coaches to benefit the game at all levels. The Association aims to be fully inclusive and welcomes young and more mature coaches, men and women from all backgrounds.

### **Frequency and format**

There are a minimum of 4 events per season, the majority of which are held on a week day evening from 7 till 10pm. We also like to include a full day event on a weekend, in the summer. Most events involve a mixture of theory and practical work, which members can either take part in or take notes. Events are held around the county.

#### **Previous Events have included;**

- Les Reed: School for Strikers
- Coerver Coaching
- LTPD – the FUNdamentals
- John Allpress: The Player Development Pathway
- Dick Bate: The Fundamentals of Defending
- Colin Read: Attacking in the Final Third
- Frank O'Brien: Coaching Methods Throughout Europe
- David Turner: Team & Man Management Techniques

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### **Membership**

Membership is open to any person over the age of 16, ideally they should hold a coaching qualification or be booked onto the FA Level 1 course. The Membership renewal period is from June to September, but new members can join at anytime during the year. Coaches are required to provide 2 passport photos with the completed Application form.

### **Membership Fees**

- The Annual membership is £15 for individual members.
- There is a SPECIAL OFFER to Charter Standard clubs, we offer a reduced rate of £100 for up to 10 members.
- Non members may attend Association events by paying the agreed fee, when booking their place in advance of each event.

### **2009 – 2010 Events**

- Friday 25<sup>th</sup> September, Match Day – Team Preparation – Peter Trevivian
- Week commencing 23<sup>rd</sup> November – Seminar with David Turner
- Week commencing 22<sup>nd</sup> March – Event TBA
- Saturday 29<sup>th</sup> or Sunday 30<sup>th</sup> May – All day coaching event subjects TBA

**Level 1 Course 2009 / 2010 Schedule****Price: £120.00**

<b>Session</b>	<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
<b>Course Code – LEV1H-2010</b>			
Practice	30 January 2010	09.00 – 18.00	Buntingford Cougars FC The Bury, Buntingford
Practice	31 January 2010	19.00 – 22.00	
SCFW	2 February 2010	19.00 – 22.00	
Emergency Aid	4 February 2010	09.00 – 18.00	
Assessment	6 February 2010	09.00 Start	
<b>Session</b>			
<b>Date</b>			
<b>Time (24 HR)</b>			
<b>Location</b>			
<b>Course Code – LEV1F-2010</b>			
Introduction/Theory	3 February 2010	19.00 – 22.00	Hertfordshire FA HQ County Ground
Practice	6 February 2010	09.00 – 17.00	
SCFW	9 February 2010	19.00 – 22.00	
Emergency Aid	12 February 2010	19.00 – 22.00	
Practice	13 February 2010	09.00 – 17.00	
Assessment	14 February 2010	09.00 – 17.00	
<b>Session</b>			
<b>Date</b>			
<b>Time (24 HR)</b>			
<b>Location</b>			
<b>Course Code – LEV1A-2010</b>			
Introduction/Theory	17 February 2010	19.00 – 22.00	Hertfordshire FA HQ County Ground
Practice	20 February 2010	09.00 – 17.00	
SCFW	23 February 2010	19.00 – 22.00	
Emergency Aid	26 February 2010	19.00 – 22.00	
Practice	27 February 2010	09.00 – 17.00	
Assessment	28 February 2010	09.00 – 17.00	
<b>Session</b>			
<b>Date</b>			
<b>Time (24 HR)</b>			
<b>Location</b>			
<b>Course Code – LEV1B-2010</b>			
Introduction/Theory	3 March 2010	18.00 – 21.00	Cavendish Sports College Hemel Hempstead
Practice	6 March 2010	09.00 – 16.00	
SCFW	9 March 2010	18.00 – 21.00	
Emergency Aid	12 March 2010	18.00 – 21.00	
Practice	13 March 2010	09.00 – 16.00	
Assessment	20 March 2010	09.00 – 16.00	
<b>Session</b>			
<b>Date</b>			
<b>Time (24 HR)</b>			
<b>Location</b>			
<b>Course Code – LEV1C-2010</b>			
Introduction/Theory	17 March 2010	19.00 – 22.00	Borehamwood Youth FC Borehamwood
Practice	20 March 2010	09.00 – 17.00	
SCFW	23 March 2010	19.00 – 22.00	
Emergency Aid	26 March 2010	19.00 – 22.00	
Practice	27 March 2010	09.00 – 17.00	
Assessment	28 March 2010	09.00 – 17.00	
<b>Session</b>			
<b>Date</b>			
<b>Time (24 HR)</b>			
<b>Location</b>			
<b>Course Code – LEV1G-2010</b>			
Introduction/Theory	31 March 2010	19.00 – 22.00	Turnford School, Cheshunt
Practice	6 April 2010	09.00 – 17.00	
SCFW	7 April 2010	09.00 – 12.00	
Emergency Aid	7 April 2010	13.00 – 16.00	
Practice	8 April 2010	09.00 – 17.00	
Assessment	9 April 2010	09.00 – 17.00	

<b>Session</b>	<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
<b>Course Code – LEV1L-2010</b>			
Introduction/Theory	14 April 2010	18.30 – 21.30	Meridian School, Royston
Practice	17 April 2010	09.00 – 17.00	
SCFW	20 April 2010	18.30 – 21.30	
Emergency Aid	23 April 2010	18.30 – 21.30	
Practice	24 April 2010	09.00 – 17.00	
Assessment	25 April 2010	09.00 – 17.00	
<b>Session -</b>			
<b>Course Code – LEV1D-2010</b>			
Introduction/Theory	28 April 2010	19.00 – 22.00	Birchwood High School Bishops Stortord
Practice	1 May 2010	09.00 – 17.00	
SCFW	4 May 2010	19.00 – 22.00	
Emergency Aid	7 May 2010	19.00 – 22.00	
Practice	8 May 2010	09.00 – 17.00	
Assessment	9 May 2010	09.00 – 17.00	
<b>Session – McDONALDS</b>			
<b>Course Code – MAC30</b>			
Introduction/Theory	26 May 2010	19.00 – 22.00	Hertfordshire FA HQ County Ground ( Charter Standard Clubs Volunteers by approval )
Practice	29 May 2010	09.00 – 17.00	
SCFW	1 June 2010	19.00 – 22.00	
Emergency Aid	4 June 2010	19.00 – 22.00	
Practice	5 June 2010	09.00 – 17.00	
Assessment	6 June 2010	09.00 – 17.00	
<b>Session</b>			
<b>Course Code – LEV1E -2010</b>			
Introduction/Theory	16 June 2010	19.00 – 22.00	Ware Youth FC Ware
Practice	19 June 2010	09.00 – 17.00	
SCFW	22 June 2010	19.00 – 22.00	
Emergency Aid	25 June 2010	19.00 – 22.00	
Practice	26 June 2010	09.00 – 17.00	
Assessment	27 June 2010	09.00 – 17.00	

**Please Note:**

**SCFW = Safeguarding Children in Football Workshop**

To obtain the 1<sup>st</sup>4Sport Level 1 Certificate in Coaching Football candidates must attend all related sessions and acquire the required number of training hours and show competence in all unit

# 1<sup>st</sup>4sport Level 1 Certificate in Coaching (Club Coach)

Name of Awarding Body: **1<sup>st</sup>4sport and / or The Football Association**

Implications of the Choice of Learning Programme:

- i) amount and standard of work that the student needs to produce:  
**Must demonstrate competence in practical coaching and satisfactorily demonstrate knowledge through an internal assessment. The amount of time the student has to dedicate to the course is as follows:**

<i>Introduction and registration</i>	<i>28 guided learning</i>
<i>Initial training</i>	<i>hours as listed within the</i>
<i>Safeguarding Children in Football workshop</i>	<i>Hertfordshire FA Coaching</i>
<i>Emergency aid course</i>	<i>programme brochure.</i>
<i>Assessment day</i>	

**The course is aimed at participants who will be working with players aged from 7 to 16 years old.**

- ii) methods to be used during the learning process  
**Students receive a range of practical demonstrations, theory modules, group discussions and course tasks.**
- iii) type(s) of assessment that will be used:  
**There is an optional final practical assessment and to take the assessment the candidate must have completed all the elements of the course. Students must pass this assessment to achieve "Club Coach" status.**
- iv) practical content of course:  
**Candidates should be aware that a significant proportion of the course comprises of practical involvement. Candidates should be prepared to participate as much as possible.**

Entry Requirements for the Programme:

- i) entry qualifications:  
**There are no formal prerequisites for this award. Prior experience of the sport is helpful.  
Minimum recommended age for this award is 16 years.**

Support Available to the Student:

- i) amount of tutor time:  
**a maximum of 20 guided learning hours followed by a minimum of 8 hours final assessment (optional)**
- ii) equipment:  
**Sports pitches and training rooms are available in a variety of locations throughout Hertfordshire.**
- iii) learning resources  
**Students receive a copy of the FA Course Pack, a level 1 Handbook, a copy of *The Laws of Association Football*, an interactive CD Rom, a Club Coach DVD, child protection resources and access to the *Soccer Parent* on-line course.**

Suitable Progression Available in Terms of Additional Qualifications:

- i) name of the additional qualifications:  
**1<sup>st</sup>4sport Level 2 Certificate in Coaching Football (The FA)  
1<sup>st</sup>4sport Level 2 in Treatment and Management of Injury in Football (The FA)  
FA Age Specific 1 Day Skills module or FA Age Specific Level 3 Module 1**
- ii) awarding body:  
**1<sup>st</sup>4sport and/or The Football Association**
- iii) where and how the additional progression qualification can be achieved:  
**Progress to the Level 2 Certificate in Coaching Football is by recommendation of course tutor. A personal action plan is provided to guide candidates to an appropriate progression qualification and timescale.**

*"I was pleased and impressed with the Level 1 Coaching course and the tutor involved. He was a complete professional and a very very good teacher. I will have no hesitation in signing up for the Level 2 course and the goalkeeping course as well. I would recommend the Level 1 to all coaches/parents who want to get involved"*

***Stuart Johnson, Coach Welwyn Pegasus U12 Royals***

**Level 2 Course 2009 / 2010 Schedule****Price: £260.00**

<b>Session – ALL FEMALE</b>	<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
<b>Course Code – CC2N</b>			<b>FULLY BOOKED</b>
Introduction and Tuition	22 July 2009	19.00 – 22.00	Hertfordshire Sports Village Hatfield
Tuition	27 July 2009	09.00 – 17.00	
Tuition	28 July 2009	09.00 – 17.00	
Tuition	29 July 2009	09.00 – 17.00	
Tuition	30 July 2009	09.00 – 17.00	
Tuition	31 July 2009	09.00 – 17.00	
Tuition	1 August 2009	09.00 – 17.00	
Continuation Days	26 October 2009	09.00 – 17.00	
Continuation Days	2 January 2010	09.00 – 17.00	
Assessment Days	18 February 2010	09.00 – 17.00	
Assessment Days	19 February 2010	09.00 start	
<b>Session</b>	<b>Date</b>	<b>Time (24 HR)</b>	
<b>Course Code – CC2K</b>			<b>FULLY BOOKED</b>
Introduction and Tuition	24 July 2009	19.00 – 22.00	Birchwood High School Bishops Stortford
Tuition	27 July 2009	09.00 – 17.00	
Tuition	28 July 2009	09.00 – 17.00	
Tuition	29 July 2009	09.00 – 17.00	
Tuition	30 July 2009	09.00 – 17.00	
Tuition	31 July 2009	09.00 – 17.00	
Tuition	1 August 2009	09.00 – 17.00	
Continuation Days	30 October 2009	09.00 – 17.00	
Continuation Days	22 December 2009	09.00 – 17.00	
Assessment Days	15 February 2010	09.00 – 17.00	
Assessment Days	16 February 2010	09.00 start	
<b>Session</b>	<b>Date</b>	<b>Time (24 HR)</b>	
<b>Course Code – CC2L</b>			<b>FULLY BOOKED</b>
Introduction and Tuition	21 August 2009	19.00 – 22.00	Hertfordshire Sports Village Hatfield
Tuition	24 August 2009	09.00 – 17.00	
Tuition	25 August 2009	09.00 – 17.00	
Tuition	26 August 2009	09.00 – 17.00	
Tuition	27 August 2009	09.00 – 17.00	
Tuition	28 August 2009	09.00 – 17.00	
Tuition	29 August 2009	09.00 – 17.00	
Continuation Days	7 December 2009	09.00 – 17.00	
Continuation Days	4 January 2010	09.00 – 17.00	
Assessment Days	1 February 2010	09.00 – 17.00	
Assessment Days	2 February 2010	09.00 start	

To achieve the 1<sup>st</sup>4Sport Level 2 Certificate in Coaching Football candidates must attend all related sessions and acquire the required number of training and tutor contact hours as well as showing competence in all units.

Please Note the following courses are not included in the Level 2 courses fee

- \* Safeguarding Children in Football Workshop (3hours)
- \* Emergency Aid (3hours)

Candidates are advised to obtain these certificates by booking onto courses listed in this brochure before final assessment dates for their proposed course.

It is a **MANDATORY** requirement of the awarding body that candidates have this evidence before assessment.

Session	Date	Time (24 HR)	Location	
<b>Course Code – CC2M</b>			<b>FULLY BOOKED</b>	
Introduction and Tuition	16 October 2009	19.00 – 22.00	Hertfordshire Sports Village Hatfield	
Tuition	19 October 2009	09.00 – 17.00		
Tuition	20 October 2009	09.00 – 17.00		
Tuition	21 October 2009	09.00 – 17.00		
Tuition	22 October 2009	09.00 – 17.00		
Tuition	23 October 2009	09.00 – 17.00		
Tuition	24 October 2009	09.00 – 17.00		
Continuation Days	25 January 2010	09.00 – 17.00		
Continuation Days	15 March 2010	09.00 – 17.00		
Assessment Days	5 April 2010	09.00 – 17.00		
Assessment Days	6 April 2010	09.00 start		
Session	Date	Time (24 HR)		Location
<b>Course Code – CC2A-2010</b>				
Introduction and Tuition	12 February 2010	19.00 – 22.00	Borehamwood Youth FC Borehamwood	
Tuition	15 February 2010	09.00 – 17.00		
Tuition	16 February 2010	09.00 – 17.00		
Tuition	17 February 2010	09.00 – 17.00		
Tuition	18 February 2010	09.00 – 17.00		
Tuition	19 February 2010	09.00 – 17.00		
Tuition	20 February 2010	09.00 – 17.00		
Continuation Days	15 April 2010	09.00 – 17.00		
Continuation Days	27 May 2010	09.00 – 17.00		
Assessment Days	22 July 2010	09.00 – 17.00		
Assessment Days	23 July 2010	09.00 start		
Session	Date	Time (24 HR)		Location
<b>Course Code – CC2B-2010</b>				
Introduction and Tuition	5 March 2010	19.00 – 22.00	Harvesters FC St Albans	
Tuition	8 March 2010	09.00 – 17.00		
Tuition	9 March 2010	09.00 – 17.00		
Tuition	10 March 2010	09.00 – 17.00		
Tuition	11 March 2010	09.00 – 17.00		
Tuition	12 March 2010	09.00 – 17.00		
Tuition	13 March 2010	09.00 – 17.00		
Continuation Days	7 June 2010	09.00 – 17.00		
Continuation Days	5 July 2010	09.00 – 17.00		
Assessment Days	5 August 2010	09.00 – 17.00		
Assessment Days	6 August 2010	09.00 start		
Session –	Date	Time (24 HR)		Location
<b>Course Code – CC2C-2010</b>				
Introduction and Tuition	14 May 2010	19.00 – 22.00	Hertfordshire FA HQ County Ground	
Tuition	17 May 2010	09.00 – 17.00		
Tuition	18 May 2010	09.00 – 17.00		
Tuition	19 May 2010	09.00 – 17.00		
Tuition	20 May 2010	09.00 – 17.00		
Tuition	21 May 2010	09.00 – 17.00		
Tuition	22 May 2010	09.00 – 17.00		
Continuation Days	9 July 2010	09.00 – 17.00		
Continuation Days	27 August 2010	09.00 – 17.00		
Assessment Days	23 September 2010	09.00 – 17.00		
Assessment Days	24 September 2010	09.00 Start		

# **1<sup>st</sup>4sport Level 2 Certificate in Coaching (Coach Certificate)**

Name of Awarding Body: **1<sup>st</sup>4sport and / or The Football Association**

Implications of the Choice of Learning Programme:

- i) amount and standard of work that the student needs to produce, Must demonstrate competence in practical coaching and satisfactorily complete a range of theory worksheets. The amount of time the student has to dedicate to the course is as follows:

<i>Initial 6 days training</i>	<i>48 guided learning hours</i>
<i>Training Continuation days</i>	<i>16 guided learning hours</i>
<i>Assessment weekend</i>	<i>16 guided learning hours</i>

*Not Covered on Course but are mandatory requirements:  
Safeguarding Children in Football, Emergency Aid and online Laws of the Game*

The student is also required to undertake at least 16 hours of practical coaching experience in the 3-4 months following the initial training week. These hours need to be recorded in a log book.

- ii) methods to be used during the learning process,  
Students receive a range of practical demonstrations, theory modules, group discussions and post course tasks.
- iii) type(s) of assessment that will be used,  
There is a final practical assessment and oral assessment conducted by one-to-one interview.
- ii) practical content of the course,**  
candidates should be aware that a significant proportion of the course comprises of practical involvement. Candidate should be prepared to participate as much as possible.

Entry Requirements for the Programme:

- i) entry qualifications  
There are no formal prerequisites for this award, but completion of 1<sup>st</sup> 4Sport Certificate in Coaching Football (Club Coach Award)/ Level 1 certificate in Coaching Adults is a useful introduction. Equally, an extensive playing career and prior experience of the sport is helpful, but not essential. Minimum age for this award is 16 years.
- ii) previous experience: See above.

Support Available to the Student:

- ii) amount of tutor time  
**At least 64 guided learning hours followed by a minimum of 16 hours final assessment and 16 hours of practical coaching**
- ii) equipment  
**Sports pitches and training rooms are available in a variety of locations throughout Hertfordshire.**
- ii) learning resources  
**Students receive a copy of the FA Course Pack, and access to the referees' version of *The Laws of Association Football*. In addition, it is recommended that students should read *Soccer Tactics and Skills*.**
- iii) additional assistance  
Tutors are available by prior arrangement for additional telephone advice and further advice is also available from Hertfordshire Football Association (01462 650201/650202).

Suitable Progression Available in Terms of Additional Qualifications:

- i) name of the additional qualifications  
1<sup>st</sup>4sport Level 3 Certificate in Coaching Football (The Football Association) (UEFA 'B' Coaching Award).
- iii) awarding body

**1<sup>st</sup>4sport**

- iii) where and how the additional progression qualification can be achieved

**Progress to the Level 3 Certificate in Coaching Football is by recommendation of course tutor. A personal action plan is provided to guide candidates to an appropriate progression qualification and timescale.**

**Level 3 Course 2009 / 2010 Schedule****Price: £395.00**

<b>Session</b>	<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
<b>FULLY BOOKED - CC3C</b>			
Introduction and Tuition	21 May 2010	19.00 – 22.00	Hertfordshire FA County Ground, Letchworth
Tuition	24 May 2010	09.00 – 17.00	
Tuition	25 May 2010	09.00 – 17.00	
Tuition	26 May 2010	09.00 – 17.00	
Tuition	27 May 2010	09.00 – 17.00	
Tuition	28 May 2010	09.00 – 17.00	
Tuition	29 May 2010	09.00 – 17.00	
Continuation Days	22 September 2010	09.00 – 17.00	
Continuation Days	20 October 2010	09.00 – 17.00	
Continuation Days	3 November 2010	09.00 – 17.00	
Assessment Days	15 December 2010	09.00 – 17.00	
Assessment Days	16 December 2010	09.00 – 17.00	
Assessment Days	17 December 2010	09.00 Start	

To achieve the 1<sup>st</sup>4Sport Level 3 in Coaching Football candidates must attend all related sessions and acquire the required number of training and tutor contact hours as well as showing competence in all units.

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*"The courses on offer from Hertfordshire FA have been a great for our club and our coaches, both they and myself have thoroughly enjoyed them and look forward to others we can be a part of in the future"*

***Adie Lock, Coach FC Comets***

## 1st 4sport Level 3 Certificate in Coaching (UEFA B)

Name of Awarding Body: 1<sup>st</sup>4sport and / or The Football Association.

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Implications of the Choice of Learning Programme:

- i) amount and standard of work that the student needs to produce:  
**Must demonstrate competence in practical coaching and satisfactorily complete a range of theory worksheets.**  
**Phase 1 = 6 days induction and initial training**  
**Phase 2 = 1 – 1½ month gap for candidates to do further study and complete a number of tasks**  
**Phase 3 = 2 further days training**  
**Phase 4 = 4 – 6 month gap for further study and tasks with at least one support day, to be held one month before final assessment**  
**Phase 5 = 3 days for the final independent assessments.**
- ii) **methods to be used during the learning process:**  
Students receive a range of practical demonstrations, theory modules, group discussions and post course tasks.
- iii) type(s) of assessment that will be used:  
There is a final practical assessment of coaching skills and written multi choice assessment covering aspects of football fitness, injury identification and recognition and aspects of first aid. There is an oral assessment conducted by one-to-one interview, covering aspects of recorded coaching.
- iv) **practical content of the course:**  
Candidates should be aware that a significant proportion of the course comprises of practical involvement. Candidates should be prepared to participate as much as possible.

Entry Requirements for the Programme:

- i) entry qualifications:  
Students should be coaches or prospective coaches who have achieved the 1<sup>st</sup>4sport Level 2 Certificate in Coaching Football. Achievement of an Emergency Aid Course (or similar) certificate will be required before the award of the 1<sup>st</sup>4sport Level 3 Certificate in Coaching Football. Also to have attended the F.A. Child Protection and Best Practice Workshop. Extensive experience of the sport and playing career is a helpful prior qualification.
- ii) previous experience:  
See previous item. The award is intended for those particularly interested in coaching young adults and senior players.

Support Available to the Student:

- i) amount of tutor time:  
**At least 90 guided learning and assessment hours in total and 16 hours of practical coaching with a coach / student ratio of no more than 1:12.**
- ii) equipment:  
**Sports pitches and training rooms are available in a variety of locations throughout Hertfordshire.**
- iii) **learning resources:**  
**Students receive a copy of the FA Course Pack, and access to the referees' version of *The Laws of Association Football*. In addition there is a recommended *Soccer Tactics and Skills* coaching book. Current developments in the law relating to those involved with children and young persons are reflected in the teaching and course materials.**
- iv) additional assistance:  
Tutors are available by prior arrangement for additional telephone advice and further advice is also available from Hertfordshire Football Association

Suitable Progression Available in Terms of Additional Qualifications:

- i) The FA Advanced Coaching License /UEFA 'A' Coaching Award
- iii) awarding body:

**1<sup>st</sup>4sport/Football Association**

- iii) where and how the additional progression qualification can be achieved:  
***Progress to the FA Advanced Coaching Licence/UEFA 'A' coaching award is by recommendation of course tutor. A personal action plan is provided to guide candidates to an appropriate progression qualification and timescale. The award is available nationally from selected FA appointed providers. Ultimate progression is possible to the FA Coaching Diploma (UEFA 'Pro' Coaching Award).***

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**Level 1 Goalkeeping Certificate****Price: £135.00**

<b>Goalkeeping Level 1 Award 2010 – Course Code GK1-2010</b>		
Date	Time (24 HR)	Location
26 March 2010	09.00 – 17.00	Hertfordshire Sports Village, Hatfield
27 March 2010	09.00 – 17.00	
28 March 2010	09.00 – 17.00	

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**Level 2 Goalkeeping Certificate****Price: £166.00**

<b>Goalkeeping Level 2 Award 2010 – Course Code – GK2-2010</b>		
Date	Time (24 HR)	Location
21 May 2010	09.00 – 17.00	Hertfordshire Sports Village, Hatfield
22 May 2010	09.00 – 17.00	
23 May 2010	09.00 – 17.00	

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# Goalkeeping Coaching Certificate - Level 1

Following the introduction of the new Level 1 Goalkeeping Award by The FA, Hertfordshire FA will be running a second course in March. We are hoping for a positive response to the course as many coaches look to offer their goalkeepers more specific training.

Details of the course structure and requirements are outlined below. The course allows a minimum of 12 candidates and a maximum of 16 so if you want a place on this course please book early to avoid disappointment.

## Course Information

### 1. For whom is the course intended: 16 Candidates

For coaches who wish to learn the basic "Technical" aspects of Goalkeeping.

### 2. Course objectives

On completion of the course the competent coach will be able to :

- Coach basic individual techniques.
- Understand how to develop and improve the Goalkeepers' technique.
- Plan and prepare progressive technical practices.
- Maintain the health and safety of the players and other coaches.
- Maintain the high standards of conduct to promote Association Football.

### 3. Course of Training: 27 hours

#### Practical: 5 hours

Specific Goalkeeping warm ups and cool downs  
Footwork  
The "Set" position.  
General handling techniques  
Diving saves – catching / deflecting / parrying  
Dealing with 1 v 1  
Dealing with crosses

#### Final Assessment: 5 hours

Two Groups of eight  
3 hours : Technical Practices ( 15 minutes each candidate )  
2 hours : Candidate De-briefs and Action Plans

#### Theory Modules: 7 Hours

1 hour : Course Introduction  
3 hours : The "Key Technical Aspects of Goalkeeping".  
3 hours : Long Term Player Development : 4 Corner model

#### Pre-Course

#### Requirements: 6 hours

3 hours : Emergency Aid\*  
3 hours : Safeguarding Children in Football Workshop\*

#### Distance Learning / On Line

2 hours : The Soccer Parent\*  
1 hour : Football Administration\*  
1 hour : Laws of the game\*

\* Candidates who currently hold these qualifications must produce their original certificates to be accredited prior to certification. Candidates who have not yet completed an emergency first aid or SCFW course should book these FA courses prior to starting the Level 1 Goalkeeping award.

\*These are separate courses and are not included in the cost of the goalkeeping course.

### 4. Certification Award :

The Football Association Goalkeeping Coaching Award (Level 1)

## **Goalkeeping Coaching Certificate (Level 2)**

### **For whom is the course intended: 16 Candidates**

Current holders of any of the following qualifications:

- UEFA "A" Coaching Award.
- UEFA "B" Coaching Award / 1<sup>st</sup>4sport Level 3 in Coaching Football.
- F.A. Coaching Certificate / 1<sup>st</sup>4sport Level 2 in Coaching Football.

...who wish to coach "**Goalkeepers**" at the following levels:

- Non-League level
- Junior / Youth level

### **Course objectives:**

On completion of the course the competent coach will be able to:

- Coach basic individual techniques.
- Understand how to develop and improve the Goalkeepers' technique.
- Plan and prepare progressive Technical and Functional practices.
- Maintain the health and safety of the players and other coaches.
- Maintain the high standards of conduct to promote Association Football.

### **Course of Training : 18 hours**

- 3.1 Practical Demonstrations:** Specific Goalkeeping warm ups and cool downs  
Footwork  
The "Set" position.  
General handling techniques  
Diving saves – catching / deflecting / parrying  
Dealing with 1 v 1  
Dealing with crosses  
Distribution – variation and technical principles.
- 3.2 Theory:** The "Key Technical Factors of Goalkeeping".  
Log book / Portfolio

### **Assessment:**

- Practical sessions 1 x 20 minute session : Technical Practice  
1 x 20 minute session : Functional Practice

### **Certification Award :**

The Football Association Goalkeeping Coaching Certificate (Level 2)

## FA Introduction to Coaching Futsal

Price: £40.00

<b>Futsal Coaching Introduction – FUT094</b>		
<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
2 October 2009	09.00 – 17.00	Hertfordshire Sports Village, Hatfield
<b>Futsal Coaching Introduction – FUT101*</b>		
<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
19 February 2010	09.00 – 17.00	Hertfordshire Sports Village, Hatfield
<b>Futsal Coaching Introduction – FUT102</b>		
<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
7 May 2010	09.00 – 17.00	Hertfordshire Sports Village, Hatfield

\* Only 12 Places Available

## FA Introduction to Coaching Futsal

**Duration 7 hours**

**Prerequisites:**

Applicants will have successfully completed a 1<sup>st</sup> 4 Sport Level 1 Coaching Certificate and undertaken The FA Safeguarding Children in Football workshop along with holding a valid Emergency Aid Certificate.

**Information:**

The course is designed to give the candidate an understanding of the game of Futsal and how to introduce it into their football environment. On completion of the course a successful candidate should:

On completion of the course the candidates should be able to:

- Understand and appreciate the fundamentals of Futsal
- Organise and coach the basic skills and techniques of Futsal
- Understand the basic principles of attack and defence of Futsal
- Appreciate the “Laws of the Game” of Futsal
- Have an appreciation of the fitness demands of Futsal

## Coaching Disabled Footballers Course

Price £30.00

<b>Coaching Disabled Footballers Course - Course Code CDF092</b>		
<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
15 October 2009	10.00 – 16.00	Hertfordshire Sports Village, Hatfield
<b>Coaching Disabled Footballers Course - Course Code CDF101*</b>		
<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
18 February 2010	09.00 – 15.00	Hertfordshire Sports Village, Hatfield

\*Only 12 places available

## Coaching Disabled Footballers Course

**Duration 6 Hours**

**Prerequisites:**

Applicants will have successfully completed a 1<sup>st</sup> 4 Sport Level 1 Coaching Certificate and undertaken The FA Safeguarding Children in Football workshop along with holding a valid Emergency Aid Certificate.

**Information:**

The course is designed to give the candidate an understanding of how to work with disability players from coach conduct to the adaptation of sessions. On completion of the course a successful candidate should:

- Apply and extend your existing coaching skills and experience, meet the needs of players with a range of impairments.
- Establish basic communication skills for coaching disabled footballers.
- Use appropriate terminology
- Identify appropriate safety and medical considerations.
- Plan a wide range of coaching sessions for disabled footballers.
- Using the Inclusion Spectrum, plan your coaching sessions to include disabled players or provide alternative appropriate opportunities.
- Understand the player pathways available for disabled players including the appropriate structure for competition.

## Emergency First Aid Courses

Price £28.00

<b>Session</b>	<b>Date</b>	<b>Time (24 Hour)</b>	<b>Location</b>
EA2H	11 September 2009	19.00 – 22.00	Hertfordshire FA HQ
EA2J	11 December 2009	19.00 – 22.00	Hertfordshire FA HQ
EA2A-2010	5 March 2010	19.00 – 22.00	Hertfordshire FA HQ
EA2B-2010	11 June 2010	19.00 – 22.00	Hertfordshire FA HQ

## Emergency First Aid Courses

Emergency First Aid Courses are offered as part of our Level 1 Coaching Courses.

Please note that The FA only recognise FA, St John's, British Red Cross certificates or those endorsed by the HSE (Health and Safety Executive).

**The Emergency First Aid certificate lasts for three years only.** If your emergency first aid has expired you must attend another course to update your qualification. Please note for Level 1 Coaching Courses this price is included in the cost of the Course.

## Level 2 Certificate in the Treatment and Management of Injury in Football

Price: £180.00

Session	Date	Time (24 HR)	Location
<b>Course Code BTMI10</b>	<b>Course Details To Be Advised</b>		
		19.00 - 22.00	North Hertfordshire College, Hitchin
		19.00 - 22.00	
		19.00 - 22.00	
		19.00 - 22.00	
		19.00 - 22.00	
		19.00 - 22.00	
		19.00 - 22.00	
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		19.00 - 22.00	
		19.00 - 22.00	
		19.00 - 22.00	
		19.00 - 22.00	

## Level 2 Certificate in the Treatment and Management of Injury in Football (L2TMI)

The L2TMI is awarded by 1st4sport Qualifications and has been developed in partnership with The Football Association's (The FA) Medical and Exercise Science Department and FA Learning. The L2TMI is accredited at Level 2 on the National Qualifications Framework.

### Who is the L2TMI for?

Adults (over 16 years of age) with a background or involvement in sport as a coach, match official or therapist, or for students who are studying for a sports science or sports therapy qualification and want to learn more about injury treatment and management.

Although the L2TMI has been developed with specific reference to injuries within a football environment, its content can be applied to other field-based sports as a generic sport related injury qualification.

Prior to registration for the qualification, all candidates should hold a current Emergency First Aid Certificate (or equivalent). Those who are working directly with children may be required by their national governing body or their employer to have been positively vetted by the Criminal Records Bureau (CRB).

### Why deliver the L2TMI?

- To provide candidates with a focused understanding of how to provide injury treatment and management in a sporting environment and to give them knowledge that can usefully support the provision of support for players in a voluntary club environment.
- To provide candidates with knowledge and application skills that will support and enhance those studying generic sports qualifications such as BTECs, A Levels, HNDs or degrees.
- As part of a comprehensive programme of sport qualifications including Continuous Professional Development (CPD) opportunities for exiting practitioners.
- 
- The L2TMI is one of the few accredited injury-based qualifications that can be applied across a variety of field-based sports.

## What can candidates use the L2TMI for?

- To gain paid or unpaid employment as a football therapist for an amateur or semi-professional football club.
- As preparation for working towards individual units of the National Occupational Standards for Sports Therapy (at this time there are no NVQs accredited in sports therapy).
- To progress on to the Level 3 Certificate in the Treatment and Management of Injury in Football (also awarded by 1st4sport Qualifications) and ultimately on to The FA Treatment and Management of Injury Diploma. For more information on this, please telephone The FA's Medical and Exercise Science Department on 0207 745 4900.

## Structure, Delivery and Assessment of the L2TMI

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### Qualification Structure

It is recommended that a delivery programme for the L2TMI should include 52 notional guided learning hours.

The qualification is composed of the following three units:

- Unit 1 – Basic Anatomy, Kinesiology and Code of Ethics for Therapy
- Unit 2 – Pathology and Recognition of Injuries
- Unit 3 – Introduction to Basic Treatment and Management of Injuries and Injury Prevention

### Assessment

Internal assessment comprises:

- a 20-minute practical observation
- oral questioning of knowledge and understanding.

Independent assessment comprises a 45-minute written theory paper covering the knowledge and understanding requirements of all three units of the qualification. The papers are marked by an independent assessor appointed by the approved centre who meets the assessor criteria within the L2TMI Qualification Specification.

For those following a learning programme operating under the auspices of The FA, they will be required to attend The FA's workshop 'Child Protection and Best Practice'. Many approved centres run this workshop as part of the L2TMI learning programme. Delivery of this component will require approval from The FA. For more information, log on to the FA Learning website at [www.theFA.com/FALearning](http://www.theFA.com/FALearning)

## Safeguarding Children In Football Workshops

**Price: £23.00**

<b>Session</b>	<b>Date</b>	<b>Time (24 Hour)</b>	<b>Location</b>
SCFW13	1 September 2009	09.30 – 12.30	Hertfordshire FA HQ
SCFW14	1 December 2009	19.00 – 22.00	Hertfordshire FA HQ
SCFW26	29 January 2010	19.00 – 22.00	Hertfordshire FA HQ
SCFW27	2 March 2010	19.00 – 22.00	Hertfordshire FA HQ
SCFW28	1 June 2010	19.00 – 22.00	Hertfordshire FA HQ

## Safeguarding Children in Football Workshops

Safeguarding children is one of the five outcomes within Government's "Every Child Matters" agenda:

- **Be Healthy**
- **Stay safe**
- **Enjoying and achieving**
- **Make a positive contribution**
- **Achieve economic well-being**

Hertfordshire Football Association supports "Every Child Matters" through football development, and safeguarding, through the provision of courses and advice:

Your contact for advice is:

The National 24 hour Helpline number is: 0808 800 5000

*Please note for Level 1 Coaching / Referee Courses this price is included in the cost of the Course.*

## Welfare Officer Workshops

**Price: £23.00**

<b>Session</b>	<b>Date</b>	<b>Time (24 Hour)</b>	<b>Location</b>
WOW5	28 May 2010	19.00 – 22.00	Hertfordshire FA HQ

## Welfare Officer Workshops

This course is part of our strategy to have a trained Club Welfare Officer at all youth football clubs in our county.

To join this workshop you must have satisfied the F.A. criminal records bureau process and have attended the F.A. Safeguarding Children in Football Workshop.

By the end of the workshop you will be able to:

- Identify, the club / league building blocks that need to be operational to demonstrate best practice in relation to safeguarding
- Have a clear understanding of the Club Welfare Officer's role and responsibilities, along with those for others in the safeguarding support network.
- Act upon concerns about poor practice and pass on those of possible abuse within or outside football
- Make an action plan to address any gaps within your club / league

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# NEW COURSES FOR 2010

## The FA Skills Module

**Price: £15.00**

A minimum of 1<sup>st</sup>4Sport level 1 Certificate in Coaching Football or Qualified Teacher Status is required as a pre-course requisite. A six hour course aimed at those working with 5-11 year old players, who wish to improve their knowledge and understanding of the “what” and “how” to coach players of this age.

The course looks in detail at the difference between **Technique** and **Skill**. It also deals with the academic term **Differentiation** and how allowances can be made within groups to accommodate different levels of ability thereby minimising possible disruption brought about by Group Management problems during practical sessions. Player boredom and inappropriate levels of challenge are addressed. The course has a particular emphasis on a Coaching Tool call the **S.T.E.P.** process which allows students to adapt sessions in accordance with the needs of players, and this ability helps students to develop powers of observation which are a necessary requirement if students intend to enhance their coaching qualifications by seeking to move onto the Level 2 Coaching Certificate of the FA Youth Award. The course is recommended as a Bridging Course between Coaching Levels 1 and 2.

Code – SM10	Date	Time (24 HR)	Location
	26 September 2009	10.00 – 16.30	Hertfordshire FA HQ County Ground

Code – SM11	Date	Time (24 HR)	Location
	24 October 2009	10.00 – 16.30	Birchwood High School Bishops Stortford

Code – SM12	Date	Time (24 HR)	Location
	24 January 2010	10.00 – 16.30	Hertfordshire FA HQ County Ground

Code – SM13	Date	Time (24 HR)	Location
	13 March 2010	10.00 – 16.30	Cavendish Sports College Hemel Hempstead

Code – SM14	Date	Time (24 HR)	Location
	5 June 2010	10.00 – 16.30	Borehamwood Youth FC Borehamwood

## **The FA Level 3 Youth Award**

**Price: £100.00**

A minimum of 1<sup>st</sup>4Sport Level 1 Certificate in Coaching Football or Qualified Teacher Status and The FA One Day Skills Module or 1<sup>st</sup>4Sport Level 2 (or above) Certificate in Coaching Football as a pre-course requisite. A four day course aimed at those working with 5-11 year old players who want to further their knowledge and understanding. A course which encompasses a variety of theoretical and practical tasks around the learning processes involved when coaching 5-11 year old players.

<b>Code – YA1-4</b>	<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
	10 October 2009	09.00 – 17.00	Hertfordshire FA HQ County Ground
	11 October 2009	09.00 – 17.00	
	12 October 2009	09.00 – 17.00	
	13 October 2009	09.00 – 17.00	

<b>Code – YA1-5</b>	<b>Date</b>	<b>Time (24 HR)</b>	<b>Location</b>
	6 February 2010	09.00 – 17.00	Hertfordshire FA HQ County Ground
	7 February 2010	09.00 – 17.00	
	8 February 2010	09.00 – 17.00	
	9 February 2010	09.00 – 17.00	

## **The FA Level 3 Youth Award Module 2 - “Developing the Practice”**

**Price: £120.00**

Course designed for candidates who have completed The FA level 3 Youth Award Module 1 and is the next step towards obtaining the full Award. The course moves on from “Developing the Environment” to “Developing the Practice”

<b>Code - YA2-4</b>	<b>Date</b>	<b>Time (24HR)</b>	<b>Location</b>
	31 May 2010	09.00 - 17.00	Hertfordshire Sports Village, Hatfield
	1 June 2010	09.00 - 17.00	
	2 June 2010	09.00 - 17.00	
	3 June 2010	09.00 - 17.00	

## The FA Junior Football Organisers Course ( Teachers & Coaches )

**Price: £25.00**

Code – JFOTT4	Date	Time (24 HR)	Location
	23 October 2009	09.00 – 17.00	Hertfordshire FA HQ County Ground

## The FA Junior Football Organisers Course ( Teachers & Coaches )

- Minimum Age: 16
- Course Duration: 6.5 hours
- Course Prerequisites: Physical Education Teacher or FA Level 2 Coach who is Generically Tutor Trained
- Course aims and objectives: This course will provide teachers and coaches with:-
  - a. An understanding of the JFO Course content to enable them to deliver the course to students
  - b. To delve into fundamental movement skills in a practical setting
  - c. To understand the FA 4 Corners Model
  - d. Look at the young leadership programme and Step into Sport
  - e. Examine different delivery methods for the course

### Course Content

**Theory:** The course will introduce some key aspects in the following:

- Preparing to play
- Fundamental movement skills
- Safety and Safeguarding Children
- Refereeing mini-soccer
- STEP principle ( Space, Task, Equipment, People )
- Basic introduction to the FA LTPD 4 Corner model
- Organising festivals or mini-tournaments
- FA Leadership and Volunteering programme

**Practical:** Practical elements of the course will provide an introduction to:

- Fundamental warm up
- Game related activities for 5-11 year olds
- Refereeing mini-soccer

**Practical Involvement:** Candidates will be encouraged to participate practically to maximise their opportunities for learning. (This however will not prevent successful completion of the award).

**Assessment:** Candidates will be formatively assessed throughout the course.

**Refresher:** No refresher required.

### **Suggested additional learning opportunities:**

- FAL Online Courses: Coaching Children, Running a Club, Futsal Laws of the Game, Soccer Camp coaches, Planning, Preparing and Evaluating Coaching Sessions, Disciplinary, Fitness in Football Level 1, Psychology for Soccer Level 1, Player and Match Analysis.
- FA Youth Award Module 1 – Developing the Environment
- Age Appropriate Coaching – Introductory Module
- 1<sup>st</sup>4sport Level 1-2 certificate in Coaching Football
- Beginners guide to Futsal
- Beginners Guide to Coaching Disabled Footballers
- JFO Student
- Football Mentor
- Mentoring Young Leaders
- Working with Teams
- Handling & Movement

**Hertfordshire Football Association**

County Ground  
Baldock Road  
Letchworth  
Hertfordshire  
SG6 2EN



**Telephone:** +44 (0)1462 677 622

**Facsimile:** +44 (0)1462 677 624

**Hertfordshire FA  
Coach Education Programme 2009-2010**