

Volunteer Coaching



St. Albans City Youth Football Club has two coaching positions within their Disability Football Teams; this is an opportunity for anyone who wants to work with young people with disabilities and wants to work in a community football club.

Task Description

As a sports assistant you will be required to support the head coach at a session. This may involve reiterating coaching points to individuals, doing some skill work with a small group of Football players. An interest in sport or working with individuals with disabilities is preferable. Good communication skills are also quite important for these roles.

Sports session run on a weekly basis during the year.

All sports assistants / sports coaches are required to complete volunteer forms, a CRB form.

For Sports Coaches to lead a session, the necessary coaching qualifications must be in place (level 1 Football)

Volunteers will be able to gain access to sports /disability related courses such as; first aid, safeguarding & protecting children, level 1 and level 2 coaching qualifications, disability awareness, etc.

Job overview

St.Albans City Youth Disability 1st Team Coach 1.5 hr a wk
Coach will have to assist head coach in delivering the session once a week.
May also be needed to attend Saturday games

St.Albans City Youth Disability Coach 1.5 hr a wk

To help run the 5 aside and 7 aside teams and deliver sessions once a week
May also be needed to attend some Sunday Games

For further details, please contact Daniel Rogers (St.Albans City Youth Disability Section Coordinator) on 07949015634 or send an email to daniel@real-coaching.co.uk