



Hertfordshire FA Coaches Association

“ How to use the 9 v 9 game to practice tactics, formations & positioning for match situations “

With Peter Trevivan (FA East Region CDM)
@ Ware Youth FC, Ware – Thursday 5th August

Objectives

- **Design the area**
- **Consider the formations & shape of the teams**
- **Decide on the Attacking & Defending tactics to practice**
- **Identify good practice relevant to positions, individually and in units.**



Other Objectives

Formation / Shapes

1 – 3 – 3 – 2, or 1 – 2 – 3 – 3 ?

Attacking Tactics

Patient build up play or Playing to strikers quickly ?

Defending Tactics

Compact defending deep or Pressing early ?

Positional Play

Interplay between strikers or FB and WMF players dovetailing ?



Details

The Area:-

- **Size – 60 x 40 yards**
- **Divisions – Halves / Thirds / G K areas**
- **Rules – Off /sides**
- **Conditions e.g. Always keep shape to restart practice**
- **Challenges e.g. Try and support players quickly**



Summary

It is not always possible especially when working with young players to have the opportunity to work team play in the 11 v 11 situation, not only from a numbers point of view but also understanding that coaching 11 v 11 is an A Licence skill. The small sided situation gives all the opportunity to work on a number of team aspects effectively. It is easier to see the pictures of good play when there are fewer players and on a smaller space.

